

a project of the campaign for environmentally responsible health care WWW NOHARM ORG





First, Do No Harm

Roles and Responsibilities of the Health Sector in the Protection of the Environment

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Health Care Without Harm – Asia

Session II : Hospitals and Sustainable Practices

Eco-Friendly Hospitals for A Sustainable World, 22 February 2016



Without Harm

- An international environmental and health organization and a global coalition of more than 500 organizations in 52 countries
- Working to transform the health care sector worldwide to be ecologically sustainable
- Health sector as a leading advocate for environmental health and justice
- Two core principles:
 - The right to health
 - The right to a healthy environment

The health sector environmental footprint

Greenhouse gas emissions

- NHS-England represents 25% of the public sector carbon footprint
- U.S. health care industry represents 8% of their carbon footprint nationally

The incineration of medical waste

 Source of dangerous air pollutants: dioxin (carcinogen and endocrine disruptor) and mercury (neurotoxicant, retards development, intelligence)

The use of hazardous chemicals indoors

- Contributes to the high rates of asthma among health care workers
- Reproductive hazards, carcinogens, mutagens

The huge scale of the health care sector results in unhealthy practices

- Poor waste management
- use of toxic chemicals
- unhealthy food choices
- reliance on polluting technologies

Extent of the problem of medical waste



Harhay *et al*. (2009) Tropical Medicine and International Health 14(11): 1414-1417

"Over half of the world's population are now at risk from occupational, environmental or public health threats from improperly treated medical waste."

Healthcare waste management: a human rights issue

- Right of access to information
- Right to a clean environment
- Right to a safe working environment
- Right to life and health
- See HCWH report:

Stringer et al. (2011)Waste and Human Rights Submission to the UN Human Rights Council Special Rapporteur, http://noharm.org/lib/downloads/waste /MedWaste_Human_Rights_Report.pdf



International guidance on waste treatment technologies

World Health Organisation

- 2004 policy: scale up steam-based treatment
- Blue Book Second edition, 2014: priority for non-incineration

Stockholm Convention:

- waste incinerators are specifically identified as potential sources of highly toxic dioxins and furans.
- guidelines on medical waste states that "priority consideration should be given to alternative processes" that do not generate dioxins and furans

Basel Convention:

• 2003 Guidance: prefer steam based treatment

<u>Human Rights Council 2011</u>

• Substitution of incineration with alternatives wherever practicable

UNEP Compendium published September 2012



http://www.unep.org/ietc/Portals/136/News/Publication%20of%20Healthcare%20Waste%20co mpendium%20of%20technologies/Compendium_Technologies_for_Treatment_Destruction_of_ Healthcare_Waste_2012.pdf

Examples of Non-Incineration Technologies Demonstrated by the GEF/UNDP Project in Different Countries



Lebanon: hybrid autoclave



Vietnam: large autoclave



Latvia: rotating autoclave

Latvia: microwave

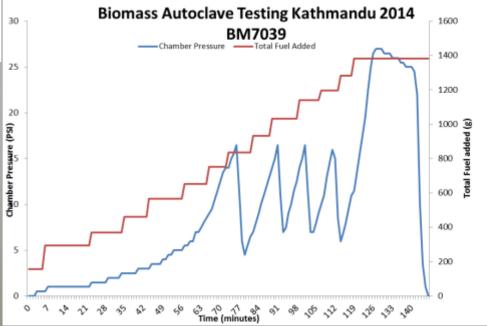
New affordable non-incineration technology now available for Africaalready installed in Ebola Treatment Units

- Multiple vacuum autoclave with sterilization at 134 deg C
- Manufactured by Medi-Clave Pty Ltd (Pretoria, RSA)
- Developed in collaboration with the GEF/UNDP Project
- 175 liters per cycle, 1 to 1.5 hours per cycle
- Dimensions: 1.1m x 1.5m x 2m high
- Certified to meet or exceed international autoclave standards (ASME, STAATT)
- Includes boiler, all stainless steel construction
- Easy sliding door
- Special trolley with barrel to collect waste; the whole barrel slides into the autoclave to be sterilized
- Vulnerable electronics replaced with mechanical controls
- After treatment, the barrel can rotate to dump out treated waste



Biomass fired autoclave

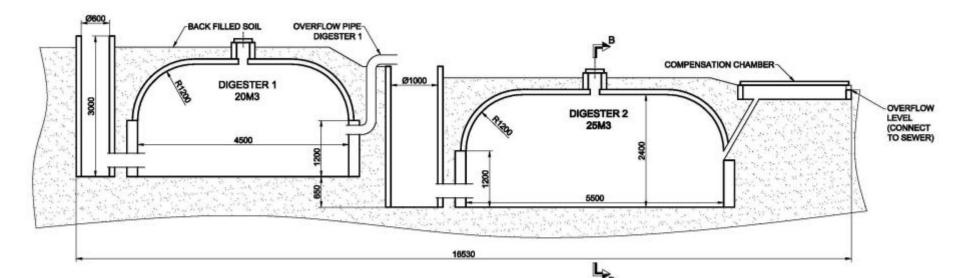




- Gasket-less aluminium autoclave set into a high efficiency biomass cook-stove
- Potential for disinfecting waste in remote areas and post-disaster situations
- Being tested in Kathmandu May/June 2014
- Effective with wood, and various biomass briquettes
- 60 litres of waste can be disinfected with as little as 800g of fuel.

Biodigestion

- Breaks down organic waste to produce methane- a renewable fuel
- Bir hospital uses biodigestion for food waste
- Potentially able to dispose of pathological waste
- Pilot in development for Kathmandu Maternity Hospital
- -2 chamber design to maximise reaction time
- Will monitor pathogens, temp
 - pressure, pH etc, to prove how effective the technology can be and optimise conditions



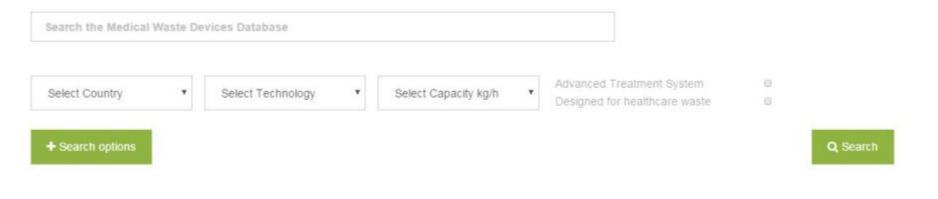
Vermiculture

- Worms can both eat organic materials and inactivate pathogens.
- Potential applications soft waste in remote areas, or for diapers in places with poor municipal waste disposal systems.
- Facility level autoclaves have trouble disinfecting diapers
- Project under way with SPH Cavite, Philippines
 - Stage 1 has proven that worms can destroy pathogens, but composting does not
 - Stage 2 will monitor worm bins with diapers and supplemental organic waste to demonstrate pathogens removal under different situations



Home The Issue The Database F.A.Q. Stay Informed Contact Us

The alternatives database is a web tool, developed by the Health Care Without Harm Global Team, to help staff responsible for procuring healthcare waste treatment technologies to identify alternatives to incinerators.



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www.medwastealternatives.org



MERCURY-FREE HEALTH CARE

An Initiative to Substitute Mercury-based Medical Devices Around the World.





www.mercuryfreehealthcare.org





Hazardous Chemicals in Health Care

Hospital Uses	Health and Environmental Concerns
Disinfectant s & Sterilants	 Glutaraldehyde is a potent occupational skin irritant and causes asthma. Ethylene oxide is flammable and explosive, a probable human carcinogen, a toxic air contaminant, and an ozone depleter. Chemicals designed to kill biological organisms like pesticidal cleaners can be very toxic to humans and ecosytems.







Hospital Uses	Health and Environmental Concerns
Cleaning Agents	 Chlorine bleach (sodium hypochlorite), can in some circumstances liberate chlorine gas, a respiratory irritant and sensitizer. Surfactants such as alkylphenol ethoxylates degrade into nonylphenol, which is toxic to aquatic wildlife; ethanolamines can cause asthma. Some cleaners may contain chemicals that cause cancer, reproductive disorders, respiratory ailments, eye and skin irritation, central nervous system impairment, etc.

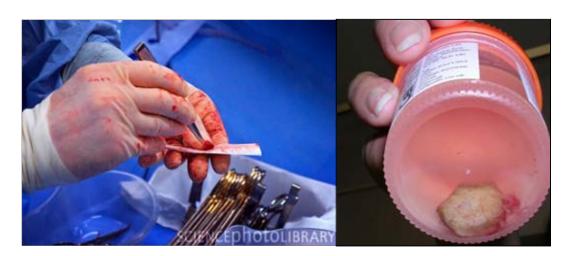






 Laboratory Chemicals Formaldehyde is a carcinogen. Laryngitis, bronchitis or bronchial pneumonia, conjunctivitis 	Hospital Uses	Health and Environmental Concerns
may be developed through chronic exposure to laboratory chemicals.		 Formaldehyde is a carcinogen. Laryngitis, bronchitis or bronchial pneumonia, conjunctivitis may be developed through chronic exposure to laboratory





Hospital Uses	Health and Environmental Concerns
Medical Devices	 PVC manufacture and incineration generate dioxins, chlorinated organochlorines. DEHP, an additive to PVC, can damage the liver, kidneys, lungs and reproductive system, particularly developing testes, according to animal studies. In animal studies, BPA is associated with alteration in breast, prostate, and brain development, changes in behavior, and susceptibility to breast and prostate cancer. Human studies find a direct association with risk of diabetes and heart disease.







The Health Sector Helps Drive Transformational Change



Hospitals Can Lead by Example and Promote Public Health by Reducing their Environmental Footprint



Hospitals Around the World Are Already Going Green



Global Green and Healthy Hospitals Agenda: 10 Goals



Building the Global Green and Healthy Hospitals (GGHH) Network

A worldwide community of hospitals, healthcare systems and organizations dedicated to reducing the ecological footprint of healthcare operations, while promoting environmental and public health in their communities.





GGHH Objectives

- 1. To serve as a vibrant virtual community for hospitals and health systems seeking to reduce their environmental footprint.
- 2. To chart progress in achieving measurable outputs, while sharing best practices, finding solutions to common challenges, and raising the bar.
- 3. To mobilize health care around the world to work together toward and advocate for greater environmental health, locally and globally.





Categories of Membership



Hospital Members

Health System Members

Health, Professional and Academic Organizations Members

Membership in GGHH is free of charge.







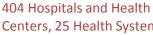


North America

3 Hospitals, 6 Health Systems and 3 organizations representing the interest of 1461 Hospitals and Health Care Facilities

Europe

19 Hospitals and Health Care Facilities, 18 Health Systems and 7 Organizations, representing the interest of 6567 Hospitals and Health Centers



Latin America

Centers, 25 Health Systems and 13 Organizations, representing the interest of 1424 Hospitals and Health Centers

Global

3 Organizations representing the interest of 900 Hospitals

Africa

13 Hospitals, 3 Health Systems and 1 Organization, representing the interest of 1166 Hospitals and Health Centers

Asia 73 Hospitals and

Health Care Facilities, 6 Health Systems and 9 Organizations, representing the interest of 8206 Hospitals and Health Centers

Pacific

5 Hospitals, 11 Health Systems and 5 Organizations, representing the interest of 892 Hospitals and Health Centers

Totals: As of February 2016, GGHH has 627 members from 36 countries representing the interest of 20.616 Hospitals and Health Centers

★ HCWH Regional Offices Strategic Partners





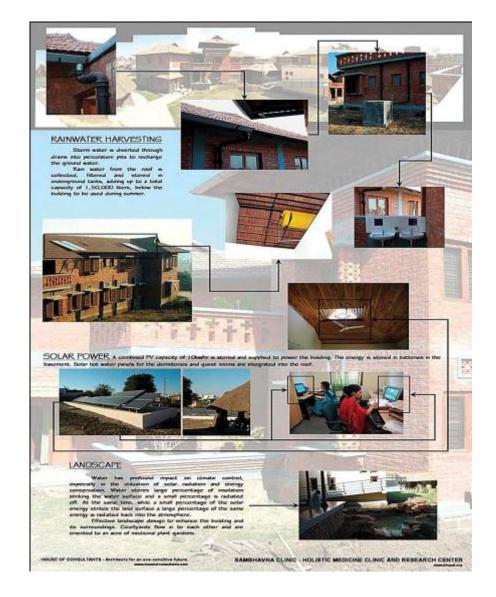


Asia

- Bahrain, Bhutan, China, India, Indonesia, Kuwait, Nepal, Philippines, Singapore, Saudi Arabia, South Korea, Thailand, Taiwan
- Membership breakdown 73 Hospitals, 6 Health Systems, 9 Organizations representing the interest of 8206 Hospitals and Health Centers

Sambahvna Trust Clinic, Bhopal, India

- Green Building: solar power
- Food Provide sustainably grown local food for staff and patients
- Water Rainwater harvesting, water conservation





GREEN and CLEAN Hospitals A Strategy for **Reducing** Global Warming Thailand **CLEAN** strategies **GREEN** activities

Garbage

Restroom

Energy

Environment

Nutrition

Communication for creating good understanding and awareness.

- Leadership for starting a prototype project and resolving any problems.
- Effectiveness enhancement to achieve the target.
- Activity creation with strengthened cooperation.

Networking for all hospitals to share and learn among themselves

Department of Medical Services, Ministry of Health, Bhutan



Saint Paul de Chartres Health Care Ministry, Philippines

16-hospitals owned and administered all over the country

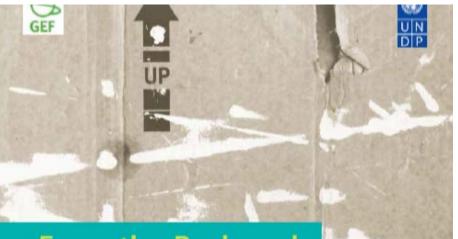
- Mercury & Chemicals Substitution
- Autoclave waste
- Vermiculture
- Food cultivation
- Waste Water Treatment
- Solar AC
- Hospital Biodigester



Philippine Hospital Good Practices

- Waste Management
- Chemicals Management/Mercury Phase-out
- Waste Water Treatment
- Safer Alternatives to Cleaning
- Hospital Biodigester

http://web.undp.org/gef/document/From %20the%20Backyard%20to%20the%20Fron tline.pdf



From the Backyard to the Frontline:

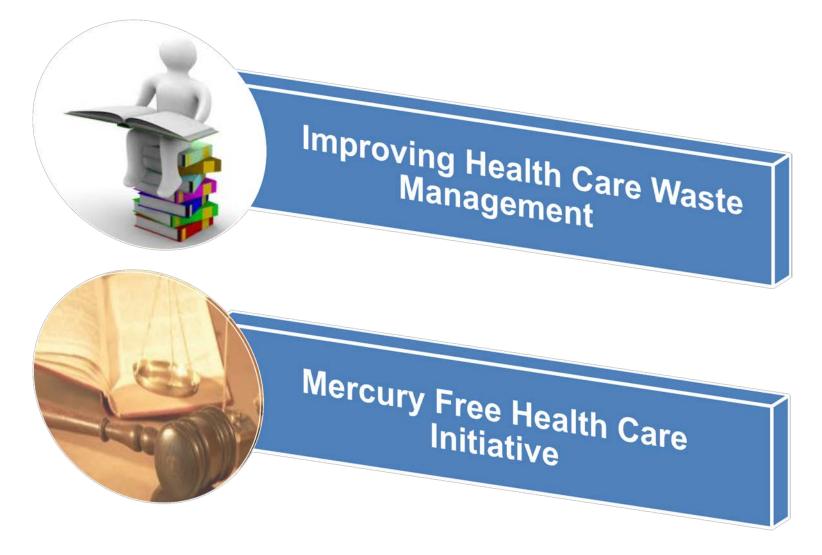
Initiatives of Philippine Hospital Workers on Best Environmental Practices

JULY 2013

Health Care Without Harm - Asia in cooperation with the Global Healthcare Waste Project supported by the United Nations Development Programme and financed by the Global Environmental Facility



Green Hospitals Initiative, Mongolia



National Cheng Kung University Hospital, Taiwan

Energy

- ✓ Lighting System
 Renovation
- ✓ Heat Pump Hot Water System
- ✓ Air Conditioning Renovation

Total annual savings:

- 5259 tons of CO2
- \$625,000



Severance Hospital, Korea

Energy

 Expense reduction in 2011: 1,901,686,000 won (\$1,730,000)

 GHG emission reduction: 5,316 tons of CO2



Bir Hospital, Kathmandu, Nepal

- Waste Management
- Chemicals Management/Mercury Phase-out
- Hospital Biodigester







Member Resources and Tools



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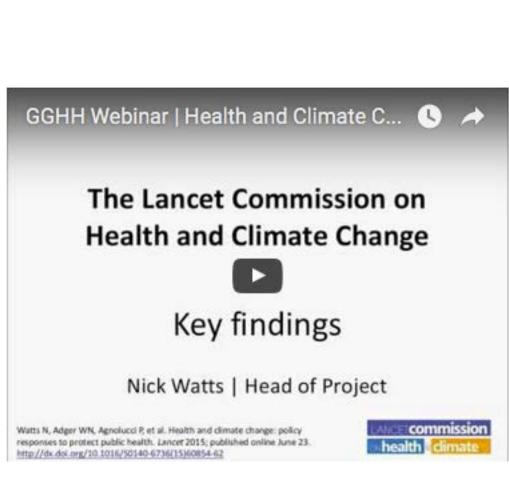
Guidance Documents

- -Comprehensive **overview/global perspective** of each goal
- -Suggested action items and related projects
- -Strategies and tips for
- implementation
- -Additional resources for **learning/ research**



Webinars

- Water: Methods and Tools for Sustainable Management and Conservation in the Health Sector
- Buildings : Green Design and Construction of Hospitals
- Ebola and Health Care Waste: Lessons from West Africa
- Combating Climate Change: Health Care Leadership and the #2020Challenge
- Sustainable Health Care Waste Management: Strategies and Experiences
- Health and Climate Change: The Lancet Commission Report
- Health Impacts of Energy Choices: Opportunities for Health Sector Leadership





New in 2016- Data forms and checklists

- Health care waste tracking tool
- Launching in first quarter of 2016
- Track and visualize all types of health care waste and recycling from your facility



C manual ~										
/ariabies	2000	2001	2002	2004	2007	2008	2008	2010	2011	2012
Recycled	50	70	90	600	0	20	100	400	600	200
ion-incinenation	40	30	40	1000	0	80	200	300	400	500
ncineration	10	40	50	400	0	50	240	500	800	300
Other/don't know	30	20	10	100	0	0	10	1000	600	300
% waste Burned, Incinerated	0.190	0.370	0.820	0.250	0.000	0.130	0.070	0.220	0.360	0.130
ii waste recycled, composted, biodigested	0.040	0.210	0.450	0.200	0.000	0.330	0.170	0.280	0.500	0.200



GGHH CONNECT

GGHH CONNECT- Communities

Communities dedicated to each of the 10 GGHH Agenda goals with:

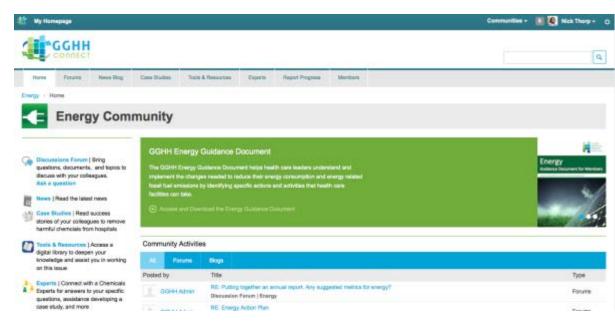
-Discussion Forums

-Global Teams of Experts

-Tools and Resources

-Case Studies

-Multi-lingual capability





Regional Contact



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Experts



















Regional Community



GGHH Connect- Discussions

How can I integrate green building design into a new hospital we are planning to build?



GGHH Exchange

















The Challenge is based on three pillars:

- Mitigation Reducing health care's own carbon footprint.
- Resilience Preparing for the impacts of extreme weather and the shifting burden of disease.
- Leadership Educating staff and the public while promoting policies to protect public health from climate change.







Awards Categories:

- Energy Greenhouse Gas Reduction Award
- Energy Efficiency Award
- Renewable Energy Award
- Non-Energy Greenhouse Gas Reduction Award
- Climate Resiliency Award
- Climate Leadership Award







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2015 Health Care Climate Champion Award ASIA

Dalin Tzu Chi Hospital, Taiwan

- SILVER- Climate Resiliency
- GOLD- Climate Leadership

Guanshan Tzu Chi Hospital, Taiwan

• SILVER- Climate Resiliency

Taichung Tzu Chi Hospital, Taiwan

• GOLD- Climate Resiliency

http://greenhospitals.net/en/gghh-announces-2015-award-winners-in-the-2020health-care-climate-challenge/





THANK YOU



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International Network for Health Promoting Hospitals & Health Services

The Task Force on Health Promoting Hospitals and Environment

Asia-Pacific Regional Symposium 2016 Eco-Friendly Hospitals For a Sustainable World

22-23 February 2016 | Griffith University | Brisbane | Queensland | Australia



Program BOOKLET



AN INTERNATIONAL KNOWLEDGE AND PRACTICE-SHARING REGIONAL SYMPOSIUM ON

"ECO-FRIENDLY HOSPITALS FOR A SUSTAINABLE WORLD" MONDAY, 22nd Feb 2016

Griffith University, Nathan Campus

Hosted by The Task Force on Health Promoting Hospitals and Environment of International Health Promoting Hospitals and Health Services Network and co-hosted by Griffith University Venue: Griffith University Nathan Campus, Building N18 (Central Theatre), Theatre II

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Flood

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